



Ally Davies challenges anyone who says that depression is a disease.



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In her opinion [mental illness](#) is not a disease – it is an emotional history. Great Britain and the entire world is addicted to medicine, whether it be sleeping pills or antidepressants. Masking an issue through medication is not a solution. Medication might ease the physical reaction, but certainly it is not a solution. You take your medication for a while, but the problem is still inside of you, and it will grow and grow until a bigger medication / mask is required.

Disease is an emotional history, every cell in your body is an reaction to emotion, it is an emotional history and has nothing to do with chemical imbalance. To overcome disease isn't an easy step, but it is doable.

Setting up her practice on Harley Street, Ally Davies has formed Ally's Place Limited, where the Place is the mind and dealing with the mind means without medication.

Having successfully already practiced on 4000 patients she has built up an impressive track record over the last 6 years and has an exceptional understanding of the human mind, and she says that it is now time to bring this message to the world that treating the mind is treating what they call disease.

Ally's place is the place where emotions are priority and the results speak for themselves.

More information can be found online

“[mental illness](#) is not a disease

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A mind Expert and Event Key Speaker. Ally is Russian born, and lived and practiced in the Middle East for 15 years before moving to London to practice from Harley Street. She has successfully fixed over 4000 patients and brought light back into their lives. QUALIFICATIONS Member of the National Federation of NeuroLinguistic Psychology, USA Member of the National Guild of Hypnotists, USA Certified Master Practitioner of NeuroLinguistic Programming Certified NeuroLinguistic Hypnotherapist



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